Helpful Facts about Assisted Living

Comparing the Costs

Unquestionably, there is a cost for specialized care like assisted living, but our residents are sometimes surprised when they compare assisted living expenses to their previous monthly home budget. From TopTenReviews.com, here are the top expenses to consider when making that important comparison of independent living and assisted living:

Housing: Whether it's a mortgage or rent, this is usually the biggest expense. This expense might also include renter's insurance or homeowner's insurance.

Meals: Food costs are usually the second biggest expense. You have to consider how much it costs to eat at least three meals a day and consider any dietary restrictions or requirements.

Utilities: Water, electricity, gas, trash pickup.

Maintenance: Cleaning supplies, yard care, cost of fixing appliances and other upkeep issues.

Personal Care: Clothing, laundry, gym memberships, hygiene items, in-home medical assistance, etc.

Additional Expenses: Cable or satellite TV, magazine subscriptions, online subscriptions, travel expenses, medical alert systems, etc.

Homecare: Homecare expenses can be considerably higher than assisted living costs.

The ultimate advantage of assisted living, of course, is the improved quality of life that your loved one will enjoy. With a dedicated care team standing by to handle the small everyday details, your loved one will finally be free to enjoy the finer things in life.



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