

# Helpful Facts about Assisted Living

## How Much Care Does Your Loved One Need?

While some older adults are able to enjoy life with only a small amount of assistance, others may need more specialized care. The best retirement communities offer helpful assessments to determine where your loved one fits within the full spectrum of care. Options for residents include:

### Independent Living

- Does not need daily nursing supervision
- Manages his or her own activities of daily living
- Coordinates transportation services or drives self

### Assisted Living

- Receives daily nursing support for medication and medical needs
- May need daily living companion for support
- May need staff assistance to get to activities or dining
- Staff assistance daily to dress and bathe

### Long Term Care

- Nursing staff manages health needs, medications, and treatments
- Needs cueing, prompts, and daily support with activities
- Staff provides daily activities and assists resident to attend

### Assisted Living Dementia Care

- Diagnosis of dementia
- Nursing provides daily monitoring, medical assistance, and administration of medicines
- May need secure environment for exit-seeking behavior

### Long Term Dementia Care

- Diagnosis of dementia
- Needs secure environment for safety needs due to cognitive decline
- Staff manages wandering, behaviors, ongoing redirection, and cueing

When determining where your loved one will live, be certain to ask about ongoing assessments to assure that he or she is getting the best possible care.

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Bethany Village  
Graceworks Lutheran Services



If you are ready to start the conversation about Assisted Living, Bethany Village is here to help. Feel free to request more information, schedule a meeting with specialists, and tour our beautiful campus – including our gorgeous new assisted living residence, **Crescent Crossing**. At Bethany Village, we are dedicated to helping you enjoy life.

