

Helpful Facts about Assisted Living

When is it Time?

The decision to move from a home in the community - living independently - into an assisted living community, can be difficult and often emotional. But, the truth is that a move to assisted living gives residents more freedom to enjoy what's truly important in their lives. At the same time, it offers peace of mind to children and caregivers who know their loved one is safe.

How do you know when it's time to consider assisted living? Here is a helpful list of questions from AgingCare.com:

- Is he/she eating healthy, balanced meals regularly?
- Is he/she capable of getting around safely?
- Is he/she wearing fresh, clean clothing each time you visit?
- Can he/she bathe, groom adequately, and launder clothes, towels and linens?
- Is he/she remembering to take medications correctly with the right dosages and at the right time?
- Does he/she remember to turn kitchen appliances off when finished cooking?
- Does he/she have a plan in place to summon help in case of an emergency?
- Is he/she paying bills on time, and opening and disposing of mail in a timely manner?
- Does he/she engage in any hobbies or activities?

If the answer to most of these questions is "no," then it may be time to seriously consider the best assisted living options in your area.

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Bethany Village
Graceworks Lutheran Services



If you are ready to start the conversation about Assisted Living, Bethany Village is here to help. Feel free to request more information, schedule a meeting with specialists, and tour our beautiful campus – including our gorgeous new assisted living residence, **Crescent Crossing**. At Bethany Village, we are dedicated to helping you enjoy life.

