

# Helpful Facts about Assisted Living

## Starting the Conversation

Bringing up the topic of assisted living can be difficult. However, the conversation should not focus on negatives, but rather the positives on how life can improve with just a little extra help. Here are seven helpful tips to help start the conversation, thanks to SeniorPath.com.

### 1. Find the right opportunity

Often the opportunity presents itself after an injury or when a parent is complaining about the difficulty of accomplishing everything he or she would like to accomplish.

### 2. Ask the family doctor

If the family doctor agrees that assisted living could be useful, see if he or she will help broach the topic with your parent.

### 3. Don't act as if the decision has been made

Present all options, such as an in-home nursing, home care or an emergency alarm. Discuss the pros and cons of each.

### 4. Be cautious in your phrasing

Words such as "community" and "retirement-style living" may be more appealing to your parents than the term "assisted living" and certainly "nursing home."

### 5. Offer reassurance

Reassure your parent that you will continue to be a routine part of his or her life, even when there are professionals around to help.

### 6. Review finances

Parents may be concerned that the cost of assisted living. Review everything that is included in the assisted living package that they may currently pay for separately.

### 7. Visit assisted living facilities

Let your parent see firsthand how an assisted living community can bring so much more life to his or her years.



**Bethany Village**  
Graceworks Lutheran Services

6451 Far Hills Avenue, Dayton, Ohio 45459 • (937) 433-2110  
[BethanyAssistedLiving.org](http://BethanyAssistedLiving.org)



**Crescent Crossing**  
Assisted Living at Bethany Village

If you are ready to start the conversation about Assisted Living, Bethany Village is here to help. Feel free to request more information, schedule a meeting with specialists, and tour our beautiful campus – including our gorgeous assisted living residence, Crescent Crossing. At Bethany Village, we are dedicated to helping you enjoy life.

