

## Helpful Facts about Assisted Living

# What is Assisted Living?

We all want to live independently as long as possible, but sometimes a life event or a series of small setbacks can make small daily challenges overwhelming. As the name suggests, assisted living provides the additional assistance that independent people need. It's an extra little bit of help that can make all the difference. From housekeeping to medication reminders to help with daily tasks like bathing and getting dressed, assisted living is designed to help residents maintain independence while relying on caring professionals for the rest.

Assisted living is not the same as nursing care, which requires healthcare professionals monitoring and providing 24/7 services. Rather, most people who receive assisted living care only receive assistance when required. Assisted living residents typically have customized solutions created, based for their unique needs.

Many assisted living community members live on their own in this manner for many years. However, should any health complications arise, the most reassuring benefit of living in a Continuing Care Retirement Community (CCRC) is that residents can easily increase care or transition to nursing care.



**Bethany Village**  
Graceworks Lutheran Services

**6451 Far Hills Avenue, Dayton, Ohio 45459 • (937) 433-2110**  
**[BethanyAssistedLiving.org](http://BethanyAssistedLiving.org)**



**Crescent Crossing**  
Assisted Living at Bethany Village

If you are ready to start the conversation about Assisted Living, Bethany Village is here to help. Feel free to request more information, schedule a meeting with specialists, and tour our beautiful campus – including our gorgeous assisted living residence, Crescent Crossing. At Bethany Village, we are dedicated to helping you enjoy life.

